

PROJECT SAKSHAM REPORT

SUPPORTED BY -

ARCHNA & HARI



MAHARASHTRA (INDIA)
FEBRUARY - MARCH 2022



REPORT SNAPSHOT

The Resilient Foundation conducted a 1-day and 2-days Capacity Building Workshop in 4 different Ashram schools of Palghar district, in collaboration with ITDP (Integrated Tribal Development Project), Palghar, Govt. of Maharashtra, supported by Helping Hands Charitable Trust.

Project Overview

Project Saksham is a **3-year** program with ITDP (Integrated Tribal Development Project), Palghar, Govt of Maharashtra, covering **104 tribal residential Ashramshalas** of Dahanu and Jawhar project areas of Palghar district for approximately **55,000 students, 1500 teachers, 200 village communities and 2000 local youth**. Project Saksham is designed to build resilience in schools, stakeholders, and nearby communities through capacity and perspective building on pre-disaster, during, and post-disaster. Aiming to create local first respondents at the community level, project Saksham also intends to build a futuristic task force for emergency response mechanisms with DDMA and fire brigade to smoothen the response process in later phases of the program.

Activity and Result

TRF has conducted workshops at 4 different Ashram schools in Palghar district, Maharashtra (India). Coordinating with stakeholders and scheduling the workshops with local volunteers, has been a tremendous learning and a process of co-generating the resilience as envisioned.

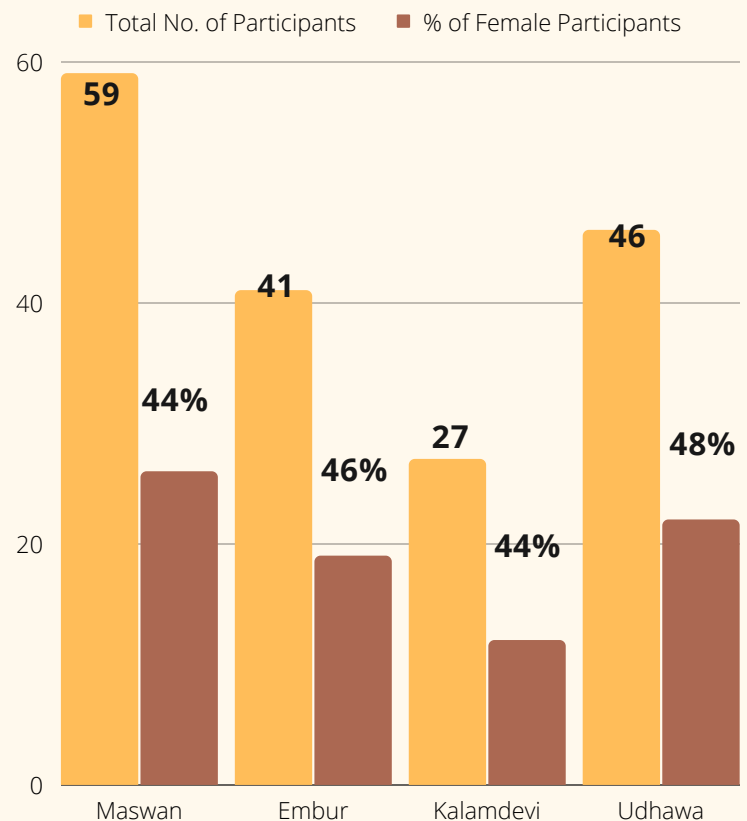


Figure 1 The total number of participants and the percentage of female participants who received training in each school.

Workshop in Numbers:

•Duration: Workshop of about 6 - 7 hours each day.

•Date and Location: 1-day training at Maswan School on 23rd February, 2- days training at Embur (24th & 25th February, 2022), Kalamdevi (24th & 25th February, 2022) and Udhawa (02nd & 03rd March 2022) Schools.

•Participants: The 4 workshops covered 173 participants (Students, Teachers and Communities), out of which 46% were female participants.

COVERAGE

Learning topics covered in the workshop:

•**Disaster & Disaster Management:** General Definition and Role of Civilians, Case Study, Disaster Management Plan, DM Cycle.

•**First Aid:** Introduction, Definition, Steps of First Aid, Bandage- Head Bandage, Palm Bandage Jaw Bandage (when Casualty is conscious and when the casualty is unconscious),

•**Wounds & Haemorrhage, Sprain, Fracture-Sling-Splint-** Swathe, Simple Sling, St. John Sling, Cuff & Collar Sling, Improvised Bandaging using Shirt/T-shirt.

•**Chocking, Asphyxia, Artificial Respiration Method-** Mouth to Mouth, Mouth To Nose, Sea-Saw, Schafer Method, Sylvester, Holger- Nielsen Method,

•**CPR, Burns & Scalds, Epilepsy, Mental Shock.**

•**Fire Safety:** Definition, Fire Triangle, Extinguish Triangle, Classes of Fire, Types of Extinguishers, Dos & Don'ts, Demonstration.

•**Knots & Hitches:** Types of Ropes, Definition, Parts & Types, Multiple Thumb Knot, Reef Knot, Chain Knot, Chair Knot, Bow Line, Draw Hitch, Timber Hitch.

•**Search & Rescue:** Method & Principle, Cradle Method, Human Crawl, 2 Hand sitting Method, Three Hand & Four Hand Sitting Method, Pick up back, Pick up back Reverse, Front and Back, Human Crutch, Toe & Drag, Removal Downstairs, Fire Men Lift method, Bowline Dragging, Fire Men Dragging Method, S & M Method.

•**Improvise Stretcher:** Definition, What Stretcher, Types, Improvise stretcher using, Rope, Bamboo & Blanket, Only Blanket, Using a belt, using Handkerchief & Scarf

•**Earthquake Drills:** Drop Cover Hold

Softer aspects while conducting the sessions:

- The workshop was kept interactive and demonstrative.
- The practical session covered the demonstration.
- Higher degree of adaptability customization was done to suit the audience.
- Ice-breaking activities were added at the start and mid of the sessions.
- Mindful to keep workshop exciting and enjoyable, along with the learning element.

Equipment bought/rented:

•CPR mannequin, triangular bandages, blanket, ropes, banner, fire extinguisher, petrol, a vessel for fire demonstration and certificates.

Support Required:

Keeping this impactful program progressing, we are looking for INR 59,20,200 for 104 schools (INR 56,925 per school) in the Palghar district of Maharashtra.

KEYNOTE TRAINERS



Bhupendra Mishra
Founder | DM Instructor
The Resilient Foundation



Rajan Shelar
Co-Founder | Fire Safety Officer
The Resilient Foundation



Amit Kher
DM Instructor
The Resilient Foundation



Vikrant Gupta
DM Instructor
The Resilient Foundation

All trainers are certified and experienced in their field, with deep and upgraded knowledge with a higher skill set.



VOLUNTEER ORIENTATION PROCESS



-TRF created an online Google form with the relevant set of questions to identify appropriate skills required in any volunteer.

-It was then circulated on different social media platforms, business groups and personal contacts.
-More than 80 applications were received from different locations.

-Out of these 80 applicants, our team selected 30 relevant applications for the first interview call. The selection was based on language requirement, location of the applicant, experience in an identical or similar field and purpose of joining.

-Out of 30 applicants, ten were selected and invited for the Volunteer Induction program held at Project office, Vangaon, on 30th January 2022. The selection was based on communication skills, field experience, knowledge about the subject, situation handling skills and other required skills. (Complete background check)

-Program includes- Ice breaking activity, an Organization overview, Project Saksham Introduction, Guidelines & Protocols details, Roleplay activity (to understand perspective)

-Out of 10 applicants, **seven were finalised** and boarded as TRF volunteers.

NOTE: ALL VOLUNTEERS WERE PAID. REMUNERATION WAS ISSUED ON A PER-DAY BASIS OR THE NUMBER OF SCHOOLS COVERED.

TRAINER ONBOARDING PROCESS



-TRF created a Job posting message with relevant set of requirements to identify appropriate skills required in any trainer.

-It was then circulated on different social media platforms, business groups and personal contacts.

-Approximately 10 applications were received from different locations and sources.

-Out of these 10 applicants, our team bifurcated and selected 6 relevant applicants for first interview call. Selection was based on experience in same or similar field and purpose of joining.

-All 6 applicants were invited for In person screening on 24th December, 2022. Selection was based on communication skills, field experience, knowledge about the subject, situation handling skills, availability and other required skills. (Complete background check) by a group of 5 panellist (3 internal, 2 external).

-Interview process- Knowing the individual, Expertise, Experience, and a demonstrative session on a topic of applicant's choice, and another one topic presentation of panellist choice along with a situation based question.

-Out of 6 applicants, **five were finalized** and on boarded as TRF Disaster Management Instructors.

NOTE: REMUNERATION WAS ISSUED ON A TRAINING BASIS OR MONTHLY BASIS.