

Key Facts:

Founded: 2018

Legal Structure: Society

Location: Palghar, Maharashtra

Sector: Disaster Management and
Emergency Preparedness Training

<http://resilientfoundation.org>

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THE RESILIENT FOUNDATION

A step towards nation building

Our Story:

In 2005, Bhupendra suffered a serious accident which injured his spine. Unable to move or breathe, it was thought he had not survived. But his sister acted as a first responder and admitted him to the hospital in time. After recovery, he enrolled in Civil Defence, and received crucial training in first aid, firefighting & disaster management. Another defining moment was when he saved many lives in a train accident, for which he received the President Award in 2012.

During these incidents, he discovered people are not adequately sensitized in disaster management, thus increasing their vulnerability at times of crisis. The statistics are alarming! Globally, 1.3 million die each year in road accidents, while 39,000 lives are lost to fire and 31 million die from cardiac arrest, to name a few. We can save over 60% of these precious lives by acting as the first responder to these crises. This would require training in disaster management and emergency preparedness, which prompted him to start TRF - a space where citizens could empathize for each other while building resilient communities capable to handle crises.

How You Can Contribute

We require Rs. 6 lakhs to conduct this training programme across 10 schools (the per child cost for the 3-month programme is Rs. 750). You can contribute via donation or in kind. We also appreciate voluntary contribution or a small space around Mumbai for conducting the training operations. Email: theresilientfoundation@gmail.com

About Us

The Resilient Foundation (TRF) is a social enterprise engaged in conducting emergency preparedness training programmes to build resilient communities at grassroots level. Using experiential learning, our workshops cover topics like first aid, emergency rescue technique, evacuation, CPR, victim-handling techniques, handling fire situations and other essential areas of disaster management.

Our priority to enable the youth, aged 13 to 21, become more resilient and prepared, rather than vulnerable, during emergency crises situations, whilst demonstrating empathy and proactiveness.

Our goal is to encourage and train individuals and communities to act as the first responder and save lives in the time of crisis. Our practical learning modules enable them to make quick decisions in the face of crises and respond appropriately as per those situations

Resultantly, we contribute towards the UN Sustainable Development Goals (Goal 11, Creating Sustainable Cities) and economic recovery by saving resources through crises prevention and mitigation training.

We have conducted 250+ training sessions, including with the Fire Brigade (Vasai Municipal Corp.) and L&T (Mumbai & Ratnagiri)

Our Approach

Our training sessions are curated by Disaster Management Experts on international standards. They are contextualised based on the audience and geographic requirements. Using lectures, demonstrations and simulations through pre, during and post crisis scenarios, the training pedagogy fills the knowledge and experience gaps people typically suffer from when faced with such emergency situations.

Level 1: 2 hours to 2 days of training (Theory and Technical skills)

Level 2: 3 months of training (Theory, Technical & Socio-emotional skills, Mock drills, Disaster Risk Reduction plan and forming DRR teams)

Level 3: All elements of Level 2 plus 1 revision training every quarter (Theory and Practical) to the target audience.

The Team

- Bhupendra Mishra, Founder: Certified Disaster Management Instructor, President Awardee, DRL Fellow, Gandhi Fellow, Former Consultant, MDWS, Government of India
- Yugandhara Kajare, Co-founder: Certified Corporate Trainer, NLP practitioner and Life Coach
- Ravi Jaiswal, Co-founder: Development Practitioner, ISDM, MSW- Nirmala Niketan, CSR professional
- Ravindra Kudi: Former Dy. Controller, Civil Defence, Government of Maharashtra, President Gallantry Awardee, Disaster Management Instructor